

# Stress-Free Productivity – Elusive Goal or Real Possibility?

## Sources and Resources

### Getting Started

Allen, D. (2001). *Getting things done: The art of stress-free productivity*. Penguin Books.

Fallows, J. (2004, July/August). Organize your life. *The Atlantic*. Retrieved March 18, 2009 from <http://www.theatlantic.com/doc/200407/fallows2>

Getting things done. In *Wikipedia*. Retrieved March 18, 2009, from [http://en.wikipedia.org/wiki/Getting\\_Things\\_Done](http://en.wikipedia.org/wiki/Getting_Things_Done)

Hammersley, Ben. (2005, September 29). Meet the man who can bring order to your universe. *The Guardian*. Retrieved March 18, 2009 from <http://www.guardian.co.uk/technology/2005/sep/29/businesssense.businesssense>

Mann, M. (2004, September 8). Getting started with getting things done. *43 Folders*. Retrieved March 18, 2009 from <http://www.43folders.com/2004/09/08/getting-started-with-getting-things-done>

Wolf, G. (2007, September). Getting things done: guru David Allen and his cult of hyperefficiency. *Wired Magazine*, 15(10). Retrieved March 18, 2009 from [http://www.wired.com/techbiz/people/magazine/15-10/ff\\_allen?currentPage=all](http://www.wired.com/techbiz/people/magazine/15-10/ff_allen?currentPage=all)

### Comparisons

Hardwick, C. (2008, December). Diary of a self-help dropout: flirting with the 4-hour workweek. *Wired Magazine*, 17(1). Retrieved March 18, 2009 from [http://www.wired.com/culture/lifestyle/magazine/17-01/mf\\_self\\_help?currentPage=all](http://www.wired.com/culture/lifestyle/magazine/17-01/mf_self_help?currentPage=all)  
(Getting Things Done/Never Check Email in the Morning/The 4-hour Work Week)

Keegan, P. (2008, September). Get a life! *Fortune Magazine*, 158 (4), 114-120.  
(Getting Things Done/The Seven Habits of Highly Effective People/The Power of Full Engagement)

Merey, I. (2008, December 8). The best of GTD and DIT. *Whakate*. Retrieved March 18, 2009 from <http://www.whakate.com/lead-articles/the-best-of-gtd-and-dit/>  
(Getting Things Done/ Do It Tomorrow)

## Stress-Free Productivity – Elusive Goal or Real Possibility?

### Critiques

“James”. (2008, March 10). 9 Reasons why Getting Things Done Sucks. *Organize IT*. Retrieved March 18, 2009 from <http://www.organizeit.co.uk/2008/03/10/9-reasons-why-getting-things-done-sucks/>

Molloy, F. (2008, August 31). What is wrong with GTD? *Whakate*. Retrieved March 18, 2009, from <http://www.whakate.com/lead-articles/what-is-wrong-with-gtd/>

Wax, D. (2008, December 26). Toward a new vision of productivity, Part 3: The trouble with GTD. *Stepcase Lifehack*. Retrieved March 18, 2009 from <http://www.lifehack.org/articles/productivity/toward-a-new-vision-of-productivity-part-3-the-trouble-with-gtd.html>

### And Even More

Allen, D. (2003). *Ready for Anything*. Viking Books.

Allen, D. (2008). *Making it All Work*. Viking Books.

David Allen & Co. <http://www.davidco.com/>

*Stepcase Lifehack*. <http://www.lifehack.org/>

*43 Folders*. <http://www.43folders.com/>